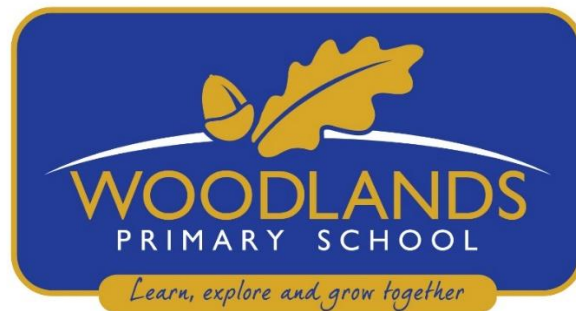


# Woodlands Primary School

## Food Policy



Written by	Mark Burns
Ratified by Governors	May 2025
Date for Review	May 2028
Signed – Chair of Governors	
Signed – Headteacher	
Is this an internal or external policy	External
Is this based on a model policy	Yes

This policy has been impact assessed by Vicki Lonie in order to ensure that it does not have an adverse effect on race, gender or disability equality.

## Aims

- To ensure that food provided to pupils is nutritious and of high quality;
- To promote good nutritional health in all pupils;
- To protect those who are nutritionally vulnerable and to promote good eating behaviour.

## References

- School food in England (March 2019) (Advisory document)
- Statutory Food Standards (Revised: January 2015)
- School Food Plan Website [www.schoolfoodplan.com](http://www.schoolfoodplan.com)

## Key Points

### School Meal Service:

The food is provided for all children by the **Contract Dining Company**. Food must meet School Food Standards. The school encourages the company to seek external accreditation for the quality of food and use local suppliers where possible. Food is monitored regularly by staff and pupils and feedback given to the company through termly meetings with local managers. From September 2014 every child in reception, year 1 and year 2 in state-funded schools has been entitled to a free school lunch.

### Snacks and Lunchbox Guidance:

Fruit will be available for pupils in the EYFS and KS1 and for children to buy at break time in KS2. KS2 pupils may bring in fruit or vegetables for a snack at break time. If other snacks are brought in, pupils will be asked to put the snack away in their bag to take home and an alternative healthy snack can be provided as a one-off. Whole milk can be provided for pupils up to the end of the school year in which they reach age 5, after that milk must be lower fat or lactose reduced. This is currently provided by 'Cool Milk'. Guidelines will be available for parents on healthy packed lunch choices.

### Water Provision:

Drinking water is available, free of charge, on school premises. Pupils are expected to bring in their own water bottles and are encouraged to drink water as the drink of choice.

### Dining Environments:

Eating environments will be constantly reviewed to ensure that eating in school is a pleasurable experience which includes time spent with peers and teachers.

### Food Provided outside Lunch:

Food available at breakfast and after-school clubs will follow the School Food Standards:

- Fruit will always be available.
- Water will be encouraged as the preferred drink.
- Bread and cereals will not be chocolate coated or contain added sugar or salt.
- Whole grains will be used at least once a week.
- Spreads will contain at least 50% fruit when used.

### Special Events:

Although consideration will be given to choosing healthier options, the following occasions are not covered by school food regulations:

- Parties or celebrations to mark religious or cultural occasions.
- Fundraising events.
- Clubs/lessons to teach food preparation and cookery skills/ themed lessons.
- On an occasional basis by parents or pupils.

*We do not allow nuts to be used in any food at school and should not be brought in lunchboxes by pupils.*

Food Allergies and other Dietary Needs

Any child with a recognised food allergy or dietary need is identified and provision made for that child. In certain circumstances, for the child's best interests and safety, information will be shared with all staff.

Food Education

The school provides education in the curriculum in relation to nutrition, healthy eating and physical health from Reception to year 6.

Document History	
Date	Summary of changes
July 2022	Policy updated to reflect current practice
June 2025	Minor changes